

High School Counselor Resources

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These sample resources are provided for your use as a high school counselor. The page is under construction and will be regularly updated. Check back frequently!

Have a resource you'd like to share? Send it to: VPSecondary@NYSSCA.org



Meet NYSSCA's VP for Secondary Level

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Social-Emotional Development:

- *Mental Health info for parents:* <https://www.parenttoolkit.com/health-and-wellness/news/mental-health/why-parents-should-prioritize-mental-health-this-school-year>
- *Effect of Social Media info for parents:* <https://www.parenttoolkit.com/news/technology/how-social-media-affects-your-child-as-they-head-back-to-school-and-what-to-do-about-it>

Career Development:

- *College Application Checklist:* <https://www.cappex.com/hq/articles-and-advice/college-applications/calendar/Your-College-Application-Checklist>
- *Helping Displaced Students:* <https://ccrcenter.org/blog/how-essa-can-support-college-and-career-readiness-students-experiencing-homelessness>

Academic Skills Development:

- *Advice for high school freshmen:* <https://grownandflown.com/teachers-advice-for-high-school/>
- *Six Point Checklist for parents of incoming 9th graders:* <https://blog.collegevine.com/6-point-checklist-for-parents-of-incoming-9th-graders/>
- *How to Take Useful Notes:* <https://www.cappex.com/hq/articles-and-advice/college-search/guidance/how-to-take-useful-notes>