

Information for my Sixth Grade Counselor

Name _____

Important People in My Life

1. The people who live with me in my house are:
name role (parent, brother, sister, step-brother, etc)

2. I only live at one house
 I also live at another house sometimes. The people there are:
name role (parent, brother, sister, step-brother, etc)

The days/times that I am usually there are _____

3. An adult I really trust to talk to is _____

4. Some good friends that I can count on to treat me well and help me when I need it are _____

School Work

1. My *favorite* academic subject in school is _____ because _____

2. My *least favorite* academic subject in school is _____ because _____

3. The academic subject that is *most* challenging for me is _____ because _____

4. The academic subject that is *least* challenging for me is _____ because _____

5. My favorite thing about school is _____ because _____

6. Focusing on my work at school is:

challenging sometimes easy, sometimes hard pretty easy

7. Getting my homework done is:

challenging sometimes easy, sometimes hard pretty easy

Going to the Middle School

1. Something I am looking forward to about the middle school is _____

2. Something that is worrying me about the middle school is _____

About Me

1. One of my friendship strengths is _____

2. Something I could improve on in my friendships is _____

3. Some uncomfortable feelings that I handle pretty well are:

4. Some uncomfortable feelings that I sometimes need help with are:

5. Sometimes I might need help with / to talk to someone about:

- friendship problems being a good sport family problems
- not enough money in my family people in my family fighting worrying
- someone in my family being sick someone I know using drugs/alcohol
- not getting to see a family member being safe being bullied
- being really sad someone dying loneliness school work being hard
- being different someone encouraging me to use drugs/alcohol
- wanting more challenging work being hurt physically being hurt with words
- other _____

6. Something that I am good at is _____

7. Something I did that I am proud of is _____

8. The activities that I like to do outside of school are _____

9. Something you should really know about me is: