STARBOUND: A JOURNEY IN LEADERSHIP AND EMPOWERMENT

cmiller

Today's Goals

- Understand the need to empower girls
- Look at how to design a group program
- Learn how to use experiential learning in the group process
- Sample an experiential learning activity
- How to make your group a data driven program
- Other group project ideas

Why The Need To Empower Girls?

- A Cornell University study indicated that middle school females have less interest and feel less confident in math, even though their performance levels are similar.
- 3% of the positions in entertainment publishing and advertising are held by women, yet women make up 80% of all the purchasing decisions in their households.
- Girls make up 56% of the college population but less than 14.6% of the executive officers of fortune 500 companies are female.
- 50% of all physicians are female, but they earn only 62% of their male counterparts.
Ball Toss Activity
* What are you hoping to learn today?
* Do you currently run any girls’ groups?

Elements of a Successful Group:
* Selection of Group Members
* Parent Notification
* Pre/Post Assessments
* Data Collection
* Lesson Plan/Curriculum
* Follow Up

Teaching Empowerment
Group Weekly Topics
StarBound—Introduction
Starlight—Individual Uniqueness
Building Constellations—Teamwork
Helping Stars Shine—Friendship
What Makes Stars Dim—Gossip
Communicating With Other Stars—Communication
StarBurst—Developing The Leader Within
StarDust—Spreading Kindness

Lesson Format
Warm Up
Activity
Discussion Period
Evaluation

The Experiential Learning Cycle
Do It
What? What happened? What were the results?
Now What? How will I do differently next time?
So What? How can I relate this to school?
What? What do these results imply?

The Wright Family
Do It
The Wright Family

What?
- How difficult was this activity?
- How much of the story do you remember?
- How hard was it to listen and pass the objects at the same time?
- How hard were you concentrating on what you were doing?

So What?
What does this activity tell us about communication?
What does this activity tell us about teamwork?
What does this activity tell us about listening skills?
What would have made the activity easier to accomplish?
Can you describe a situation where someone wasn’t listening to you because they were busy doing something else? How did that make you feel?

What’s been said
- The Wright Family
  - This is a wonderful program. Our students don’t get enough of how to be a great citizen in our schools. It would be great if all students could go through this type of program. – 6th grade teacher
  - One thing I learned was I’m a STAR and anything is possible! – Grade 5 student
- Mom of 6th grader
  - I believe my daughter’s interaction in StarBound has created teacher led small group conversations/activities outside of the classroom allowing her to find common ground with classmates she may not otherwise associate with in her peer group. – Mom of 6th grader

Evaluating Your Program
Session Evaluation--Exit Slips help to monitor student understanding
Post Surveys--What did the students think of the program?
Parent Surveys--Did the concepts learned make it home?
Teacher Evaluations--Are they a better peer? Student? Leader?
Data--Grades, behavior, referral, attendance
Tracked Data

2014 -- 2 eighth grade females enrolled in PLTW classes for 9th grade
2105--13 eighth grade females enrolled in PLTW classes for 9th grade--9 were StarBound students
2014 -- 39 females in grade 5-6 were referred to CPR for behavioral infractions
2015-- 6 StarBound students in grades 6-7 were referred to CPR

Questions?

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