

RESOURCES FOR EDUCATORS

Books

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Brizendine, Louann, MD. The Female Brain. Morgan Road Books, NY: 2006.

Bronson, P.O., and Merryman, Ashley. Nurture Shock: New Thinking About Children. Twelve, New York, NY: 2009.

Brown P., Roediger H. and McDaniel A. Make it Stick; The Science of Successful Learning. Harvard University Press, Cambridge, MA, 2014.

Carskadon, M.A. (Editor). Adolescent Sleep Patterns: Biological, Social, and Psychological Influences. Cambridge University Press, Cambridge, 2002.

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Dawson, Peg & Guare, Richard. Executive Skills in Children and Adolescents. Guilford Press, New York, NY: 2004.

Jensen, F. E., and Nutt, A. E. The Teenage Brain: A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults. HarperCollins, New York, NY: 2015.

Simmons, Rachael. Odd Girl Out: The Hidden Culture of Aggression in Girls. Harcourt Inc., New York, NY: 2002.

Walsh, David. Why Do They Act That Way? A Survival Guide to the Adolescent Brain for You and Your Teen. Free Press, New York, NY: 2004.

Wang, Sam. Welcome to Your Child's Brain: How the Mind Grows from Conception to College. Bloomsbury, New York, NY: 2011.

White, Adam & Swartzwekder, Scott. What Are They Thinking?: The Straight Facts about the RiskTaking, Social-Networking, Still-Developing Teen Brain. W.W. Norton, New York, NY: 2013.

Articles

Houlihan, Terence J. (2014). Inside the teenage brain: Adolescent development in the classroom. *Today's Catholic Teacher* 48(2), 32-36.

Houlihan, Terence J., and Eileen C. Houlihan. "The Adolescent Brain." *School Counselor* 49.2 (2011): 16-19. Print.

Web sites

www.nida.nih.gov

National Institute on Drug Abuse



<http://www.positscience.com/human-brain> Excellent resource on the mechanics of the brain

<http://www.cyfernet.org/index.php?c=2>

Information on the enhancement of social competency and the reduction of risk behaviors among youth.

www.sleepfoundation.org National Sleep Foundation

<http://www.nimh.nih.gov>

National Institute on Mental Health



<http://www.aacap.org/>

American Academy of Child and Adolescent Psychiatry

<http://site.educ.indiana.edu/Default.aspx?alias=site.educ.indiana.edu/cafs> Center for Adolescent and Family Studies, Indiana University

<http://www.learner.org/courses/neuroscience/index.html>

Neuroscience and the Classroom



Find us on
YouTube

<http://www.pbs.org/wgbh/pages/frontline/shows/teenbrain/>

PBS' in-depth look at the latest in neuroscience and adolescent development

<http://ngm.nationalgeographic.com/2011/10/teenage-brains/dobbs-text> National Geographic's online magazine

<http://faculty.bucks.edu/specpop/studyskills.htm>

All things study skills-related



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